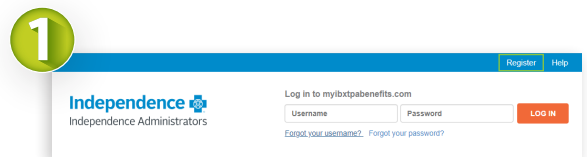# Manage your health. Anywhere. Any time.

Track your health and benefits on your schedule

Myibxtpabenefits.com is your one stop to help you manage your health benefits administered by Independence Administrators. You'll also find tools to get cost estimates for health care services and to help you stay on track with your well-being goals.[1,2,3]
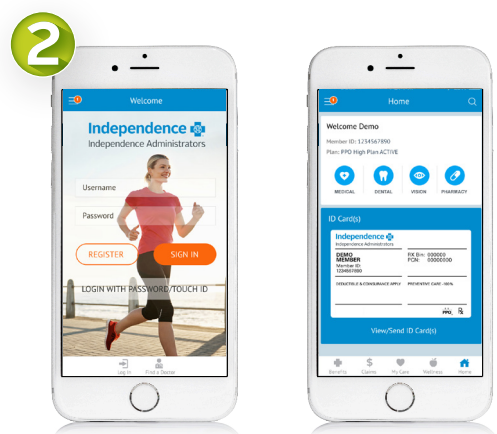
1. Getting started is easy

- From your computer, laptop, or tablet – visit myibxtpabenefits.com
- Choose Register at the top of the page or click the Register box and create your user account.
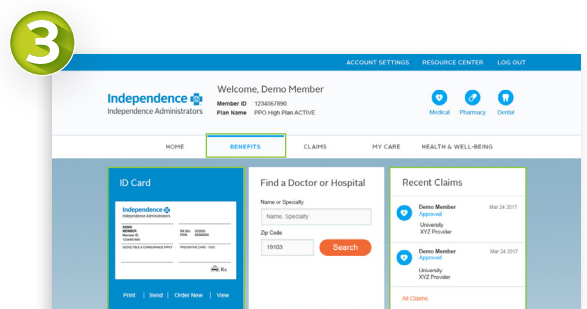

2. Access your health benefits on the go

Visit the App Store[SM] or Google Play[TM] and search for myibxtpabenefits. You can use the same user name and password for all your devices.

3. Track and use your health care benefits

When you log on to myibxtpabenefits.com, you will find features to help you identify, track, and use your health plan benefits.

- **ID card.** View, print, send, or order a new ID card.
- **Benefits and cost sharing.** Choose Benefits. Then with My Benefits Overview, see an overview of your plan, which can include a Summary of Benefits and Coverage (SBC) or your plan's benefit book. Check out Medical Benefits at a Glance. Click ⊕ to see more about plan benefits and enrollment. With Benefits Usage, check what you may have paid for the year and what cost sharing may remain.[1,2]
- **Claims.** See your recent claims. Or choose All Claims to pick the date range you want to see. Click ⊕ to see more information about a claim including an Explanation of Benefits or Proof of Claim statement.

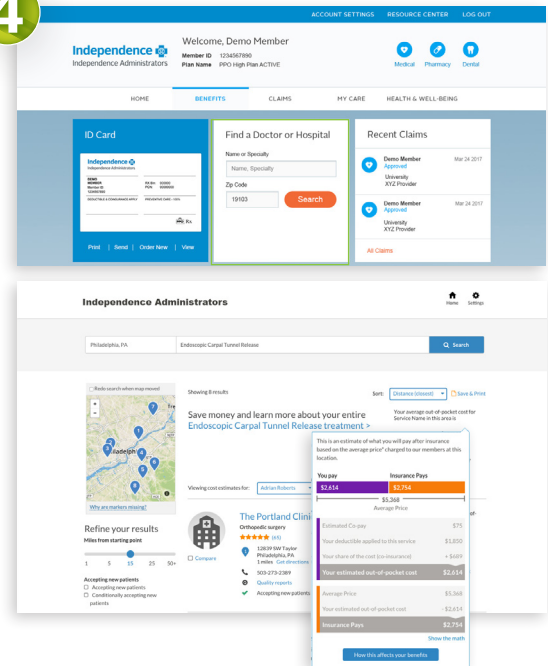

Independence
Independence Administrators

myibxtpabenefits.com

4 Manage your health care spending

Find network health care providers. Start your search at the Find a Doctor or Hospital box on your home page or choose My Care > Find a Doctor or Hospital. Access nationally-recognized quality measurements. Compare up to five doctors or hospitals. Or rate your experience and view other plan members' feedback. You usually save money when you choose network health care providers.

Care Cost Estimator. Estimate your cost for a procedure — based on your plan and what you've already paid out-of-pocket. Compare costs for a procedure among different health care providers.[3]

The care cost estimator and Find a Doctor are integrated, so with a single search you can identify network doctors and hospitals and estimate your out-of-pocket costs for services they perform. (Care cost estimator may not be available on the app.)
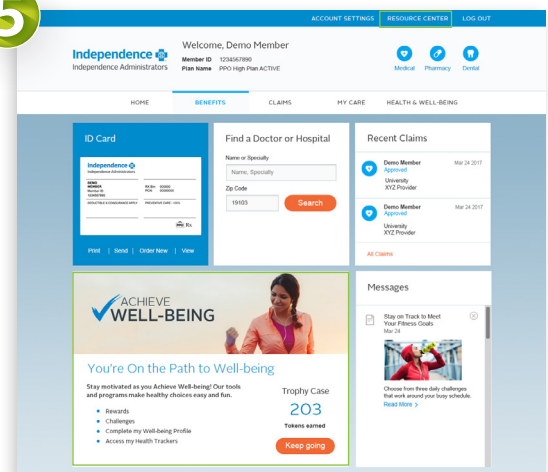
5 Get help with your well-being goals

Achieve Well-being. Personalized well-being tools can help you achieve what's important to you — in a way that's simple, easy, and fun. Complete a well-being profile and get suggestions for focus areas. Develop an action plan. Track your activity levels and progress. Achieve Well-being syncs with many popular apps and wearable devices.

Health and well-being. Choose My Care and check out features including: Blue365 for discounts on well-being products; Blue Insider for discounts on a wide range of attractions and events; and programs such as Baby Beginnings® maternity support.

Resource Center. Access a library of wellness topics, recipes, and tools including Health Navigator. Print relevant forms. View documents such as your Summary of Benefits and Coverage (SBC).
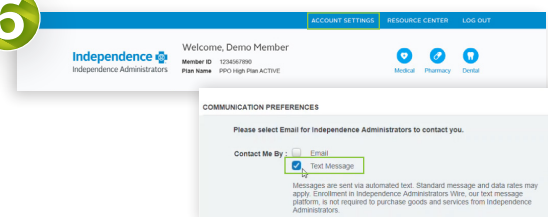
6 Stay informed about your health plan and benefits

IBXTPA Wire™. Sign up for text messages to receive personalized health reminders and alerts to help you get the most out of your health plan. Choose Account Settings at the top of the page and edit your Communication Preferences.

Messages. Check the Messages box on your home page for alerts and items that may need your attention.

[1]Myibxtpabenefits.com provides information about programs administered or offered by Independence Administrators. If your program includes a prescription drug program administered by FutureScripts® you can also access information about your FutureScripts program.

[2]Primary plan members can view information for themselves and their minor dependents. Enrolled spouses and dependents age 18 and over can register to view their own information. When you register, you can ask other enrolled family members to authorize you to see their information or you can authorize them to see your information.

[3]The care cost estimator provides estimates for comparison only. The accuracy of expected costs may vary based on claim volume, type of service, and profile of the member population.

Wire is a registered trademark of Relay Network, LLC.

Blue365 offers access to savings on items that plan members may purchase directly from independent vendors. Blue365 does not include items covered under your group health plan administered by Independence Administrators. The Blue Cross and Blue Shield Association (BCBSA) may receive payments from Blue365 vendors. Neither BCBSA nor Independence Administrators recommends, endorses, warrants, or guarantees any specific Blue365 vendor or item. Discount offers are subject to change at any time.

AmeriHealth Administrators, an independent company, provides medical management services and programs for Independence Administrators. The Baby Beginnings program is administered by Pronounced Health Solutions, a separate entity.

FutureScripts® is an independent company that provides pharmacy benefit management services for Independence Administrators.

App Store is a service mark of Apple Inc. Google Play is a trademark of Google, Inc.

Independence Administrators is an independent licensee of the Blue Cross and Blue Shield Association.

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